

Clarity and flow for your personal leadership in work and life



flowgame

What is the Flow Game?

The Flow Game is a process of bringing clarity to important personal or collective questions through reflection, deep exploration, interactive dialogue and peer coaching.

It is designed as a board game and creates conditions for surfacing the natural resourcefulness and intuitive wisdom each of us carry, in support of one another and the inquiries we're each exploring.

The purpose of the Flow Game is to strengthen and bring flow to the life - affirming leadership and actions. The essence of „playing” is having an intention or question that matters to you now!

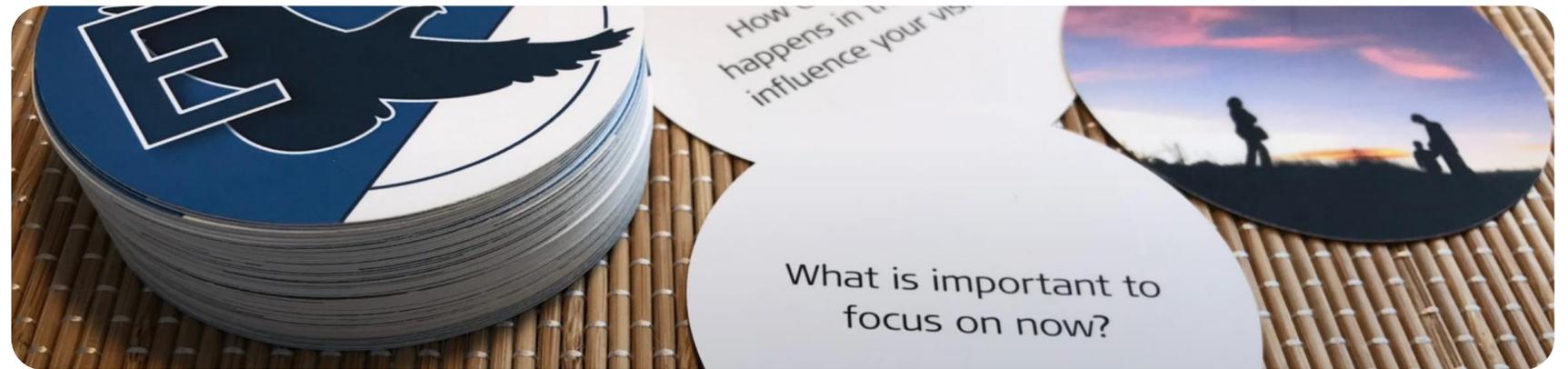
Participating in FG brings appreciation, gratitude, surprise and good feelings and often participants want to play more and integrate FG as their personal leadership practice.



How the FG was created?

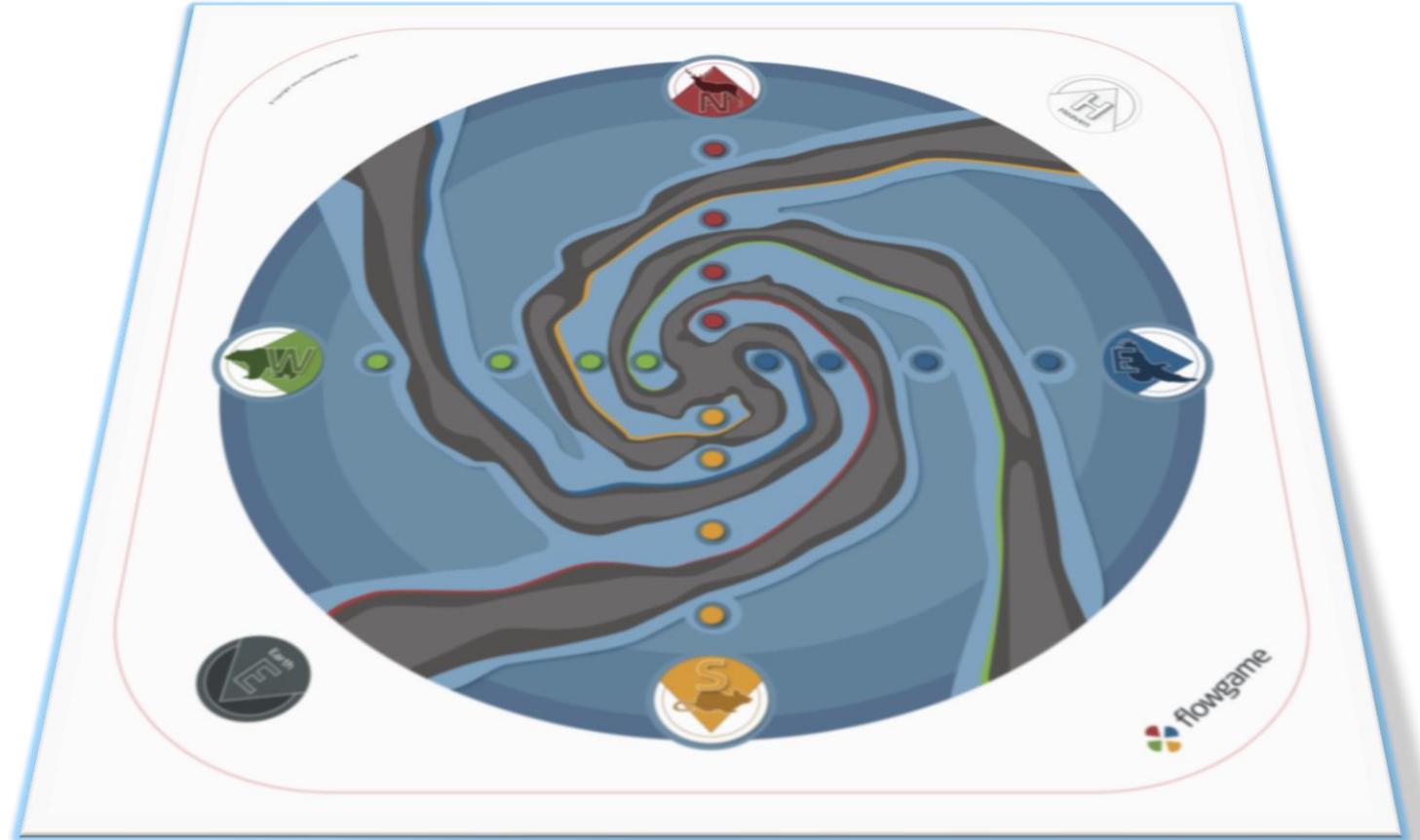
Flow Game was created in Denmark in mid 90-ties by cocreators of "The Art of Hosting" (Monica Nissén, Jan Hein Nielsen and Toke Paludan Møller), joined by other colleagues, with intention to support and develop personal leadership and entrepreneurship.

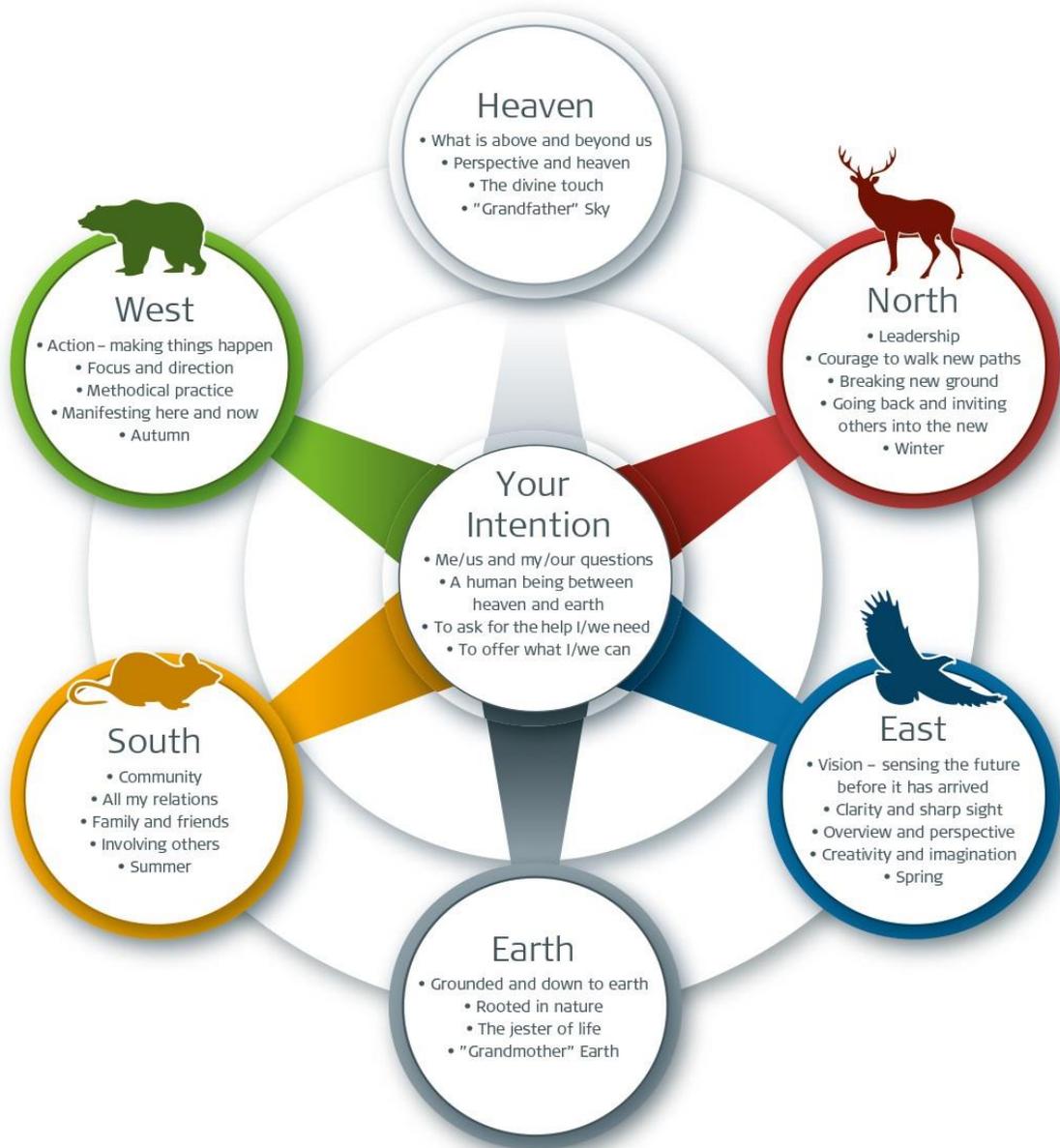
Last 20 years, the Flow Game is growing and is played in many different contexts, for individuals and teams, in smaller or bigger groups or tailor made for management teams, communities and organizations.



The Flow Game elements

- **The Game board**
- **The Medicine Wheel**, as a basic structure
- **The cards**, with questions or images to trigger our reflections
- **The dice**, bringing *serendipity* into play
- **The boats**, as physical markers of how your intention travels
- **The Flow Journal**, as a harvest document
- **The intentions** or “burning questions” in the centre of the Game
- **The players**, as resources for each other





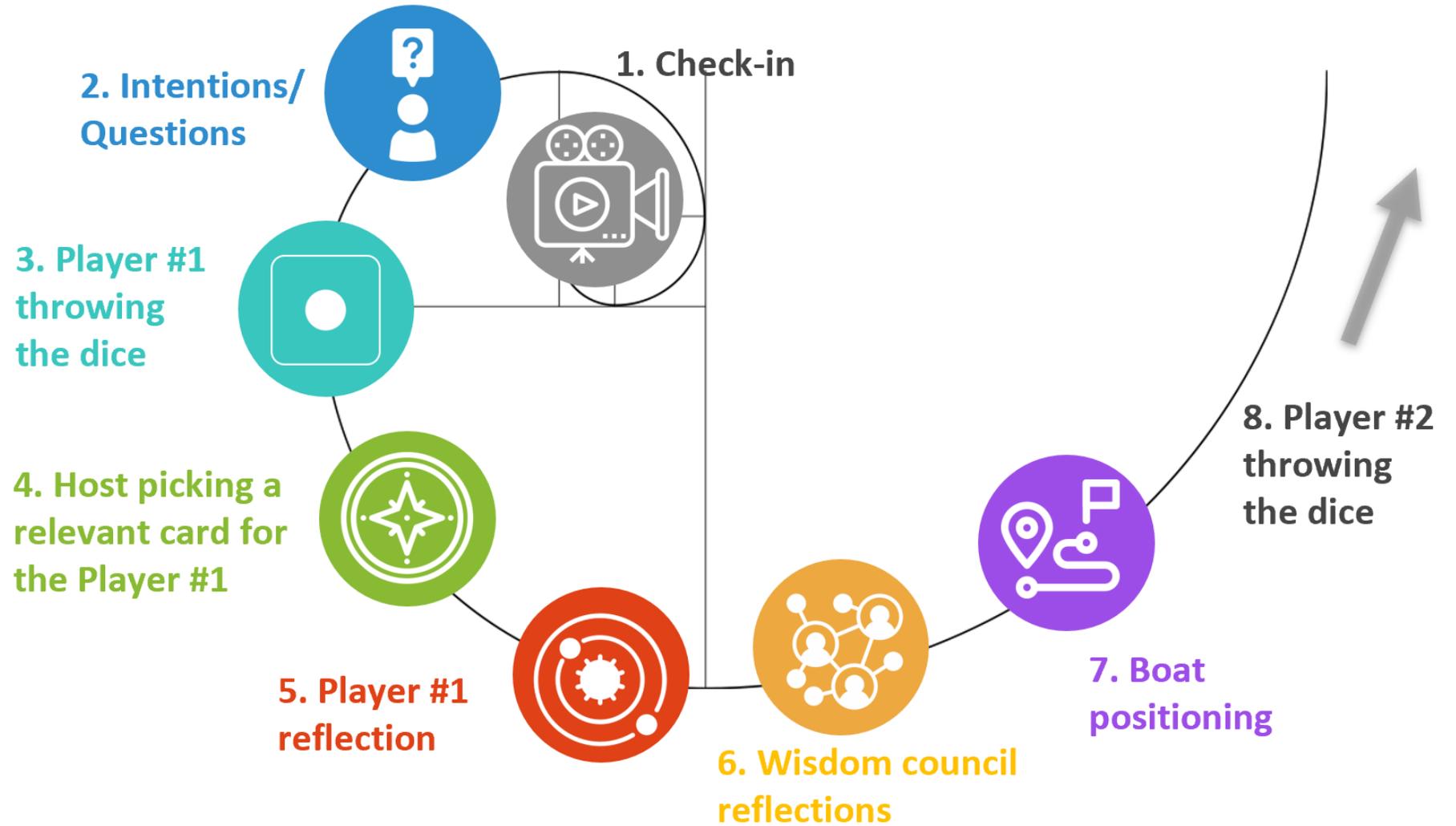
How does it work ?

The Flow Game brings together the Medicine Wheel and the Action Learning.

The 6 directions (leadership, community, vision, action, heaven and earth) help you explore your intention through diverse perspectives and challenge your assumptions of how you thought your question should be answered.

The Flow Game can be played online and onsite, in small groups of 4- 6 people and the Flow Game Host, designed as a half-day or full day process, in one or more sessions.

The online process of the Flow Game



Your intention or question?

The essence of „paying” a Flow Game is that you have an intention or question that matters to you at this moment in time.

The intention can be a professional or work-related question that you personally need to clarify and work with.

"How do I use my abilities at my best?"

"In what direction should I lead my team... now?,"

„What calls me now to engage fully all my potentials?"

A powerful question is a doorway into a new perspective. It inspires you, motivates you, tickles you. It might even make you tremble. But if you have the courage to stay in the fire with it, that could change everything! Are you ready for that?

Your Flow Host will help you sharpen your question prior to the game!

More resources

For more information, stories and Flow hosts' contacts around the world, visit the Flow Game website: <https://flowgame.net/>

You are warmly invited to call a Flow Game as individual or team game!

Invite your friends, family, team members or colleagues from your organisation or network and play together in virtual or onsite setup.

Explore questions that matter, meet and support others, harvest wise and transformative actions...!

